

# week two Shopping List

## meat

- 12-18 meatballs
- 6-8 bone-in pork chops
- 1 rotisserie chicken
- 4 lbs ground beef or vegetarian crumbles
- 1lb ground chicken
- \_\_\_\_\_
- \_\_\_\_\_

## dairy

- 1 pkg shredded mozzarella
- cheese
- 1 stick of butter
- 1 egg
- feta cheese
- Greek yogurt

## spices

- Garlic powder (optional)
- Chili powder
- Paprika
- Oregano

## bread, pasta AND rice

- hoagie rolls
- hamburger buns
- 4-6 Flatbreads
- \_\_\_\_\_
- \_\_\_\_\_

## produce

- 1 large onion
- garlic
- tomatoes (cherry preferred)
- 1 cucumber
- \_\_\_\_\_

## frozen AND other

- 1 steam bag of mixed veggies
- 1 puff pastry (found in freezer section with desserts)
- deli coleslaw (optional)

## pantry staples

- 1 jar Italian sauce
- 1 can cream of chicken soup
- 1 can of cream of celery soup
- 1 can chicken gumbo soup
- 1 or 2 cans tomato rice soup
- brown sugar
- apple cider vinegar
- ketchup
- 1 jar Bon Maman
- Raspberry Preserves (or any brand you prefer)
- Sriracha
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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